**BOOK REVIEW**

**Sports Injuries in Children and Adolescents**

*Author(s):* Karantanas  
*Publisher:* Springer  
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This book is part of the Diagnostic Imaging series, series editors being A L Baert, M F Reiser, H Hricak, M Knauth, and is a useful addition. It covers all aspects of sports injury and describes the most suitable imaging modality to make the diagnosis. It is laid out in three sections, the first giving an overview of children’s sports injuries as well as covering normal variants, incidental findings and pseudotumours which can cause confusion in the diagnosis. The second section is anatomically based and describes the types of injury seen and the sports and mechanism typically associated with different joints. The third section approaches the subject from a sporting perspective, describing the sites and types of injury seen in those sports common to childhood (soccer, skiing, gymnastics, swimming and tennis).

Each chapter has a different author and therefore there is some variation in standard and quality, but overall they are of good quality and easy to read. In view of the way that the book is laid out, there is obvious repetition, for example growth plate injuries around the wrist are described in the anatomical section, and with respect to gymnastics, watersports, tennis and skiing.

The number and quality of illustrations is good. Description of many less common fractures and injuries is very useful and the layout of the chapters makes it useful as a reference text to dip into.

In certain areas, the size of the book and depth of topics covered means that it is unable to cover all pathological conditions as fully as one may hope. For instance, the knee chapter is well illustrated and quite comprehensive, but consequently the section on meniscal injuries is relatively short and better detail and information can be obtained from more dedicated texts. The quality of the indexing is sub-optimal and does not easily allow the reader to appreciate the often large number of imaging examples of those conditions which have been repeated.
Overall this book would be of value to a consultant radiologist who is involved in imaging traumatic injuries in children and adolescents, but for the trainee it would need to be complemented with more detailed texts in certain areas.

This book can be purchased through the RAD Magazine Book Service at the discounted rate of £188.56. (Price correct as at December 19, 2011).
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